

## SPEAKER BIO

# Brittanni Hendricks, MBA, ACC

Promotion Strategy Coach · Author · Speaker · Mom

“You don’t have to wait to be seen. You have to position yourself to be undeniable.”

## ABOUT BRITTANNI

Brittanni Hendricks is a Professional and Personal Coach, Author, and Speaker who specializes in helping high-performing professional women position themselves for the next level of leadership. With a background in HR/Talent Development and Positive Psychology, she equips leaders with the tools to advance with clarity, confidence, and readiness.

Through her Playful Power™ Method, Brittanni helps leaders move from execution to influence, without burnout or self-betrayal. She also works with organizations to strengthen leadership pipelines and build succession readiness.

## SIGNATURE TOPICS

### ◆ **Becoming Promotion Ready**

The criteria shifts at the mid-career level, and most high performers are still playing by the old rules without knowing it. This session reveals the three signals that leaders are actually looking for beyond output — and the one move participants can make before the end of the month to shift how the right people see them.

#### **Participants walk away with:**

- ◆ A clear understanding of what leadership readiness actually looks like
- ◆ Practical tools to communicate value and influence decisions
- ◆ A strategy to move from high performer to recognized leader

### ◆ **Managing Emotional Load, Boundaries, and Burnout**

Many high-achieving women are carrying far more than their visible workloads — managing emotional labor, regulating team dynamics, and sustaining performance while quietly running on empty. This session offers a grounded, research-informed conversation about emotional load, burnout, and the role boundaries play in protecting long-term capacity.

#### **Participants walk away with:**

- ◆ A deeper understanding of emotional load and invisible labor
- ◆ Strategies that support self-respect, healthy leadership, and stress regulation
- ◆ Greater self-trust, clarity, and emotional sustainability

## **SPEAKING STYLE**

Direct. Grounded. Practical.


Brittanni blends real-world corporate experience with coaching insight to deliver sessions that are engaging, actionable, and immediately applicable.

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## **IDEAL AUDIENCE**

- ◆ High-performing professionals ready for their next level
  - ◆ Emerging and senior leaders
  - ◆ HR, Talent Development, and L&D teams
  - ◆ Women in leadership
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## **BOOK BRITTANNI**

 **Website:** [www.brittannihendricks.com/speaking](http://www.brittannihendricks.com/speaking)

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 **Book:** [It's My Turn: A Journey to Leading with Clarity, Courage, and Emotional Integrity](#)

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